



Womack Army Medical Center

**Nutrition Clinic
Outpatient Services**
910-907-DIET (3438)

*Quality Care,
Quality Caring!*

LOCATION

**Classes and class
check-in's are
held at Nutrition
Classroom
(Across from Red
Cross Office)**

April 2021 Nutrition Classes

SUN	MON	TUES	WED	THU	FRI	SAT
				1 9:00-10:30 AM FFP 3/4 1:00-2:30 PM Healthy Pregnancy	2	3
4	5 1:00-2:30 PM Prediabetes	6 10:00-12:00 PM ABCP Session 1 1:00-3:00 PM ABCP Session 1 1:00-2:30 PM Heart Healthy	7 1:00-2:30 PM Gestational Diabetes	8	9	10
11	12 1:00-2:30 PM Prediabetes	13 10:00-12:00 PM ABCP Session 1 1:00-3:00 PM ABCP Session 1 1:00-2:30 PM Heart Healthy	14 9:00-10:30 AM FFP 1/2 1:00-2:30 PM Gestational Diabetes	15 9:00-10:30 AM FFP 3/4 1:00-2:30 PM Healthy Pregnancy	16	17
18	19 1:00-2:30 PM Prediabetes	20 10:00-12:00 PM ABCP Session 1 1:00-3:00 PM ABCP Session 1 1:00-2:30 PM Heart Healthy	21 1:00-2:30 PM Gestational Diabetes	22	23	24
25	26 1:00-2:30 PM Prediabetes	27 10:00-12:00 PM ABCP Session 1 1:00-3:00 PM ABCP Session 1 1:00-2:30 PM Heart Healthy	28 9:00-10:30 AM FFP 1/2 1:00-2:30 PM Gestational Diabetes	29 9:00-10:30 AM FFP 3/4	30	